"I opine the mantra of so-called "Social Distancing" is exceptionally unfortunate and ought to be fully expunged. Why? B/C Social Distance [Social Isolation] is a contributing factor to worsened outcomes; i.e., such as a co-morbidity!!

Rather, I opine, the three S'es mantra which I have formulated is far better. The SSS mantra, I opine and as below-stated, is far more accurate/effective:

1. Spatial Distancing of approx. six feet.

2. Superb Hygiene, esp. hand-washing as well as Universal Precautions (presumption that each/every person has been exposed; i.e. is POSITIVE). And,

3. Social Support, esp. of the spiritually-connecting type, is priceless."

Ronald Ragland, MD, (MED’82)