Are you prepared to discuss your plans in an informed way?

Dr. Sarfaty advises medical students regarding research, global health, service-learning, and other enrichment experiences. She is most helpful to students who have undertaken substantial forethought regarding their plans, ideas, or projects.

When you meet with Dr. Sarfaty:

1. Share info about your background and now it relates to your future career plans.
2. Share specific details on what you are considering bolstered by your background research (info from the web, other students, etc.).

Be prepared to answer the following questions at the meeting:

- **Why** do you want to undertake this experience?
- **What** do you intend to accomplish?
- **How** does this experience fit into your career goals?
- What **skills** do you bring to this experience and what skills will you develop?
- What **resources** are necessary to make this happen?

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**Productive Ways to Start Your Meeting with Dr. Sarfaty**

**Jill Student:** “I want to take a year off for research. I looked into the Howard Hughes Medical Research Fellows Program, program ABC, and program XYZ. Can you help me focus my plans? I have research background in ____ and plan to do ____ during my fourth year. My goal is to ____.”

**Jack Student:** “I am considering an international health experience during the summer after my first year. I spoke to my Peer Advisor about program ABC; I also have read about program XYZ. I have some Spanish background, and I traveled to Ecuador as undergrad. My goal is to ____.”