


Boston University School of Medicine
Career Planning Seminar
and Career Fair



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Class of 2011 ~ Welcome!

Today you will:

- - Overview the process of choosing a specialty
- - See this as a process of self-discovery
- - Meet the OSA Deans who write the MSPE
- - Meet residency directors and residents
- - Obtain contacts with BUSM alumni in various fields

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Choosing a Specialty is a PROCESS

- Understanding Yourself
- Explore Your Options
- Choosing a Specialty
- Getting into Residency

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GOAL

- Determine a career preference by 4th year
- Or, at least narrowed down to 2 sub-specialties

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Actively communicate with The Deans

- Phyllis Carr, M.D.
- Paul O'Bryan, Ph.D.
- John I. Polk, M.D.
- Jonathan Woodson, M.D.
- Kenneth Grundfast, M.D.
- Robert Beazely, M.D.
- Joel J. Alpert, M.D.

One Dean will write your Dean's Letter –
Think about choosing a Dean by APRIL

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Start with the end in mind: Getting Into Residency



Kenneth Grundfast, M.D.
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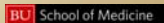
Getting Into Residency:

1. Reality
2. Process
3. Strategy



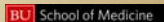
Reality

- The strength of your application and the ability to match successfully depend *most* on what you have accomplished in the first three years of medical school
- **Important:**
 - Grades
 - Narrative comments from clerkships
 - USMLE Step 1 scores
 - Letters of recommendation
 - Personal statement
 - Distinctiveness, fit with programs



Process

- **ERAS** - Electronic Residency Application Service
- **NAMP** - National Resident Match Program
- Letters of recommendation
- BMC and Away rotations in your chosen specialty
- Timing and timeliness are important



Strategy

- Must have a field specific advisor (FSA), a mentor and supporter in your chosen primary care field or area of specialization
- Away rotation
 - If, where, when, how
- Choosing where to interview
- Some students need “application enhancers” such as bona fide research and publications

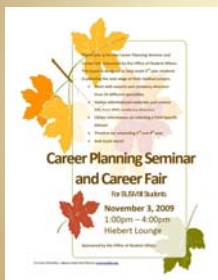
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Advice

1. Be realistic
 - ✓ review the NRMP data on areas of medicine that interest you
 - ✓ be sure that your accomplishments and skills make you likely to match in the field you are choosing
2. Start the process early
3. Be organized
4. Be honest

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Important Components



Paul O'Bryan, PhD
Assistant Dean
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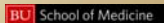
3rd Year Evaluations

Comments
&
Grades



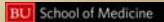
Step 2

- **REGISTER & SCHEDULE**
 - for Step 2 CS by January 31, 2010
 - for Step 2 CK by June 1, 2010
- **MUST TAKE** - Step 2 CK & CS by January 1, 2011
- **TAKE** - Step 2 CS before November 1, 2010
- **TAKE** - Step 2 CK in May 2010 prior to start of 4th yr (strongly recommended)

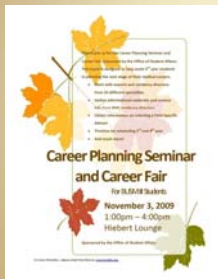


4th Year

- Sub-I
- Geriatrics
- 2 Sub-Specialty Electives



Important Components



Jonathan Woodson, M.D.
Associate Dean
Diversity & Multicultural
Affairs
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Electives

- Multiple opportunities in 4th year
- June through May
- At BMC & other LCME-accredited schools
- International Health
- Military


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Research Opportunities

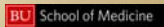
- Plenty of opportunities
- Focused clinical project
- FSAs can assist in finding opportunities

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Careers in Medicine

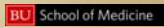


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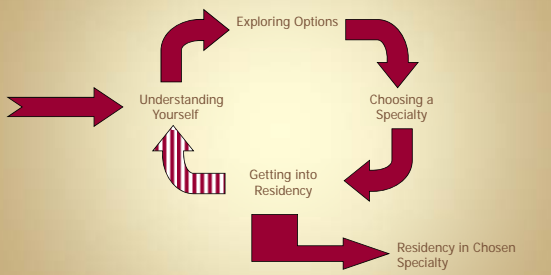



What is Careers in Medicine?

- A structured, four-phase/four-year career planning program
- Provides you with a strategy for:
 - Understanding yourself and specialties
 - Choosing a specialty and residency program
 - Making career and life decisions



Careers in Medicine Model





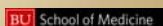
The Careers in Medicine Advising Program...

IS:

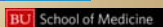
- A decision-making process
- A thorough, ongoing effort
- Primarily specialty oriented
- A source of useful info
- A self-help process

IS NOT:

- A decision
- A quick fix
- Comprehensive career counseling
- A substitute for your own research
- A substitute for interpersonal counseling



www.aamc.org/cim

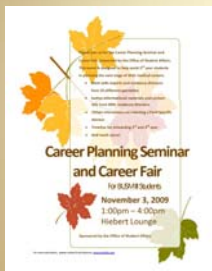


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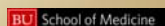
<https://freida.ama-assn.org/freida/user/viewProgramSearch.do>



Field Specific Advisors



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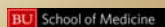


What is a Field Specific Advisor?

How will they help me?

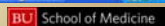
Student Responsibility

Things to Remember

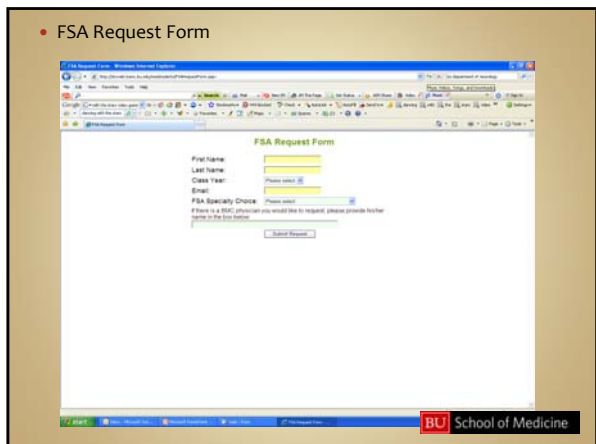


How do I get an FSA?

- Visit the Academies of Advisors website - www.bumc.bu.edu/academies
- Click on FIELD SPECIFIC ADVISOR (on top toolbar or right hand menu)
- Will take you to the FSA Request Form (<http://dccweb.bumc.bu.edu/medstudents/FSARquestForm.aspx>)



• FSA Request Form

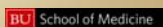


Academies of Advisors

Got Questions?

Stop by my office in the OSA
A-bldg, Room 208A

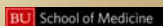
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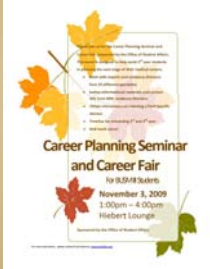
"Choosing Your Specialty"



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"Choosing Your Specialty"



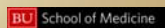
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Questions?



Break



Career Fair

- 20 Specialties
- 6-10 students per table
- 20 minutes
- Ask Questions
- Obtain Contact Information



Career Fair