

## NUTRITION AND OBESITY RELATED SEMINARS

04/15/2019-04/21/2019

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### CURRENT

#### Clinical and Community

Obesity Journal Club, Sponsored by the Enrichment Program of the Boston Nutrition Obesity Research Center

Tuesday, April 16, 2019 from 12:00-1:00PM A light snack will be served - please bring your own beverage.

**Presenter: Violeta Chacon, Doctoral Student**

**Article Title: Exposure to improved nutrition from conception to age 2 years and adult cardiometabolic disease risk: a modelling study**

**Author/Journal: Ford, Nicole D., et al. The Lancet Global Health 6.8 (2018): e875-e884. doi: 10.1016/S2214-109X(18)30231-6**

Location: M&V 240, Tufts (Health Sciences Campus, 136 Harrison Ave)

#### WebEx Information

Meeting number (access code): 737 820 064

Meeting password: tibP3j38

#### Join by phone:

617-627-6767

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### UPCOMING

#### Clinical and Community

James C. Melby, MD Memorial Endocrinology Grand Rounds, Boston Medical Center and Boston University School of Medicine

Monday, April 22, 2019 Lunch: 11:45AM-12:15PM, Lecture: 12:15-1:15PM

**"Flux biomarkers come of age in drug development and clinical medicine"**

**Marc Hellerstein, MD., PhD.,** Professor of Human Nutrition,

University of California at Berkeley; Professor of Endocrinology, Metabolism, and Nutrition,

University of California at San Francisco

Location: BUSM, 72 East Concord Street, Evans Building, 1st Floor, Evans Seminar Room

#### Adipose and Metabolic

Monday Seminar Series, Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts

Monday, April 22, 2019 at 12:00 Noon

**"Dietary regulation of colon cancer" Omer Yilmaz, M.D., Ph.D.,** Eisen and Chang Career Development Professor, Assistant Professor of Biology, Koch Institute for Integrative Cancer Research at MIT

Location: Jean Mayer USDA Human Nutrition Research Center on Aging, 711 Washington Street, Boston

#### Epidemiology and Genetics

Monday Nutrition Seminar, Department of Nutrition, Harvard T. H. Chan School of Public Health

Monday, April 22, 2019 from 1:00-1:50PM

**"Omega-3 Fatty Acids: From Nutrient to Therapy" Ahmed Daak, MD, M.Sc., Ph.D.,** Harvard T. H. Chan School of Public Health

## Adipose and Metabolic

### Adipose Seminar Series sponsored by the Adipose Tissue Biology and Nutrient Metabolism Core (ABM) of the Boston Nutrition Obesity Research Center

Tuesday, April 23, 2019 from 10:00-11:00AM

#### **"Signaling networks coordinating hormonal activation of adipose tissue metabolism"**

**Sheila Collins, Ph.D.**, Professor, Cardiovascular Medicine & Molecular Physiology and Biophysics, Vanderbilt University Medical Center

Location: BUMC, EBRC Building, 650 Albany Street, 7th Floor, Room 714

### Monday Seminar Series, Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts

Monday, April 29, 2019 at 12:00 Noon

#### **"A neural circuit for gut induced reward" Wenfei Han, Ph.D.**, Assistant Professor of Neuroscience, Icahn Medical School at Mt. Sinai

Location: Jean Mayer USDA Human Nutrition Research Center on Aging, 711 Washington Street, Boston

### Monday Seminar Series, Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts

Monday, May 6, 2019 at 12:00 Noon

#### **"Brain Adipose Connections with Aging" Kristy Townsend, Ph.D.**, Assistant Professor of Neurobiology, School of Biology and Ecology, and the Graduate School of Biomedical Science and Engineering, University of Maine

Location: Jean Mayer USDA Human Nutrition Research Center on Aging, 711 Washington Street, Boston

### Adipose Seminar Series sponsored by the Adipose Tissue Biology and Nutrient Metabolism Core (ABM) of the Boston Nutrition Obesity Research Center

Tuesday, May 7, 2019 from 10:00-11:00AM

#### **"Which Comes First, Overeating or Obesity?" David Ludwig, M.D., Ph.D.**, Director, New Balance Foundation Obesity Prevention Center; Attending Physician, Division of Endocrinology; Professor of Nutrition, Harvard School of Public Health; Professor of Pediatrics, Harvard Medical School

Location: BUMC, EBRC Building, 650 Albany Street, 7th Floor, Room 714

## Clinical and Community

### WORKSHOP: Moderating Focus Groups (full-day) Sponsored by the Enrichment Program of the Boston Nutrition Obesity Research Center

Wednesday, May 15, 2019 from 8:30AM-4:30PM

**Facilitator: Sara C. Folta, PhD**, Associate Professor, Doctoral and Postdoctoral Officer, Friedman School of Nutrition Science and Policy, Tufts University

This workshop will briefly introduce participants to the best uses of focus groups and the basic logistics of setting up a focus group study, including recruitment, choosing a location, timing, proceedings, and budget concerns. The majority of our time together will be spent on moderation - techniques, tips, and tricks for getting the best possible data out of your groups. You'll learn how to effectively handle challenging situations. All participants will have the opportunity to gain skills in moderation through practice with feedback.

Limited to 10 participants

Registration is required. Please click [here](#) to register for this workshop.

Location: TBA, Tufts University Medical Campus, Boston

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## **Other Enrichment Opportunities-Save the Date**

### 8th Annual Obesity Research Incubator Session - Call for Abstracts

Hosted by the Brigham Research Institute, Cardiovascular, Diabetes, and Metabolic Diseases Research Center

Friday, May 10, 2019 from 2:00-5:00PM

Half day event featuring keynote speaker, Caroline Apovian, Professor of Medicine at Boston University, the Director of the Nutrition and Weight Management Center at the Boston Medical Center and past president of The Obesity Society. To promote vibrant scientific discussions, researchers from all Boston area institutions with a rank of assistant professor and below are invited to submit an abstract to share their work by giving a short talk or presenting a poster. Cash prizes will be awarded to selected speakers and top posters!

Location: Brigham & Women's Hospital  
Click [here](#) for information about this event.

#### Boston Medical Center Obesity Clinical Immersion Program

Monday, May 13 - Friday, May 17, 2019

The Nutrition and Weight Management Program at Boston University School of Medicine will educate clinicians who care for patients with obesity about diagnosis and treatment guidelines. During this intensive program, clinicians will spend one week at the [Boston Medical Center Nutrition and Weight Management Center](#) where they will receive multidisciplinary training from world-renowned specialists and will see patients under the supervision of an obesity medicine specialist(s).

Our nationally recognized BMC faculty will guide program participants in the use of the latest treatment options, giving them the confidence necessary to implement new practices in their own clinics. This immersion program stresses intensive interaction between participants and educators working toward immediate practice change. The objective of the program is to equip participants with the knowledge, skills, and confidence necessary to effectively treat their patients.

The proposed patient-oriented curriculum will provide an engaging, clinically relevant learning experience with multiple opportunities for participant reflection, as well as strategies for implementation of practice changes. The content of this activity will be based on the latest needs assessment data and expert clinical experience regarding best practices in the management of patients with obesity.

Location: Boston Medical Center, Boston, MA

Registration website: <https://www.bucme.org/live/8279>.

#### 20th Annual Harvard Nutrition and Obesity Symposium

Wednesday, July 10-Thursdays, July 11, 2019

Longevity & Aging: Nutritional and Metabolic Mechanisms

Location: The Joseph B. Martin Conference Center, Boston

Click [here](#) for information about this event.

#### INSS 2019 Interdisciplinary Nutrition Sciences Symposium

July 24-25, 2019

##### **Synergizing Animal and Human Obesity Research**

Location: University of North Carolina at Chapel Hill, 135 Dauer Drive, Rosenau Hall, Chapel Hill, NC

Click [here](#) for information and to register.

#### Second International Summer Institute on Network Physiology (ISINP). Lake Como School of Advanced Studies

July 28-August 2, 2019

This will be an interactive event with lectures ranging from physics, applied mathematics and biomedical engineering to neuroscience, physiology and medicine, and will discuss the challenges, current frontiers and future developments in the emerging field of Network Physiology.

Location: Como, Italy

Click [here](#) for additional information and to register.

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### **BNORC Core Funding Opportunities**

#### **BNORC Small Grants Program**

Do you need some preliminary data that can be obtained using one of our cores for a grant application? The BNORC Small Grants Program provides funds up to \$3,000 (direct costs only). The timeline from application to award is 1-2 weeks. To-date, the funding rate of this program for eligible requests has been 100%. Please click [here](#) for program details and eligibility information.

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