

OFFICIAL RULES FOR THE ACADEMIES DODGEBALL TOURNAMENT

THE TEAM

- Each Academy Dodgeball Team will be made up of AT LEAST 6 players
- Six (6) players will compete on a side
- All teams must have at least two (2) female players on the court at all times
- Other players will be available as substitutes
- Substitutions may enter the game only during timeouts or in the case of injury

THE COURT

- Rectangular in shape
- Divided into two (2) equal sections; by a center-line and attack-lines 6 to 8 feet from, and parallel to the center-line

THE GAME

- The object of the game is eliminate all opposing players by getting them “OUT”
- This may be done by:
 - Hitting an opposing player with a LIVE thrown ball below the shoulders
 - Catching a LIVE ball thrown by your opponent before it touches the ground

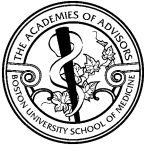
LIVE BALL: a ball that has been thrown and has not touched anything, including the floor, another ball, another player, official or other item outside of the playing area (wall, ceiling, light, etc.)

THE BOUNDARIES

- During play, all players must remain within the boundary lines
- Players may not throw balls at the opposing team from outside their boundary lines
- Players may leave the boundaries through their end-line ONLY to retrieve stray balls
- Players returning to playing area must return through their end-line

THE OPENING RUSH

- Game begins by placing the dodgeballs along the center line
 - Two (2) on either side of the center hash line; total of 4
- Players will take positions behind their end-line
- Official will signal the start of the game
- Teams approach the center line to retrieve balls
- Teams may only retrieve the two (2) balls to their right of the center hash
- Once a ball is retrieved it must be taken back behind the attack line before it can be thrown



THE ACADEMIES OF ADVISORS PROGRAM

BOSTON UNIVERSITY SCHOOL OF MEDICINE

THE TIMING AND WINNING A GAME

- The first team to legally eliminate all opposing players will be declared the winner
- Each match will consist of 5 games
 - max time limit of 3 minutes per game
- There will be a two (2) minute break in between games
- Teams will switch sides after every game
- If neither team has been eliminated at the end of the 3 minutes, the team with the greatest number of players remaining will win the game

TIME OUTS AND SUBSTITUTIONS

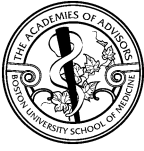
- Each team will be allowed one (1) :30second time out and one (1) :15second timeout per game.
- At this time, a team may substitute players into the game
- Male players may not be substituted for female players and vice versa

5-SECOND VIOLATION

- A violation will be called if a team in the lead controls all four (4) balls for more than 5 seconds
- The leading team must make legit effort to get at least one ball across the attack line and into the opponent's backcourt
- A team may avoid a 5-second violation by throwing or rolling a ball into the opponent's backcourt
 - Throwing the ball over and through the opposing team's end lines does not count and the team will still be assessed the 5-second violation
- 1st violation: Stoppage of play and balls divided evenly amongst teams.
- 2nd violation: Free throw for opposing team – a penalty in which one player is allowed an unobstructed throw at their opponents without risk of elimination
- 3rd violation: Ejection of one player from the offending team

OFFICIALS

- During play, rules will be enforced primarily by the "honor system"
- Players are expected to rule whether or not a hit was legal or whether they were legally eliminated
- Each game will be supervised by a court official
- The court official will rule on any situation in which teams cannot agree
- Teams cannot object to the court official's final ruling



THE ACADEMIES OF ADVISORS PROGRAM

BOSTON UNIVERSITY SCHOOL OF MEDICINE

CODE OF CONDUCT

- Unsportsmanlike conduct will not be tolerated and may include but is not limited to:
 - Foul language
 - Deliberate or intentional hits above the shoulders
 - Unnecessary roughness
 - Arguing with officials, staff, participants, or fans
 - Abuse of the honor system